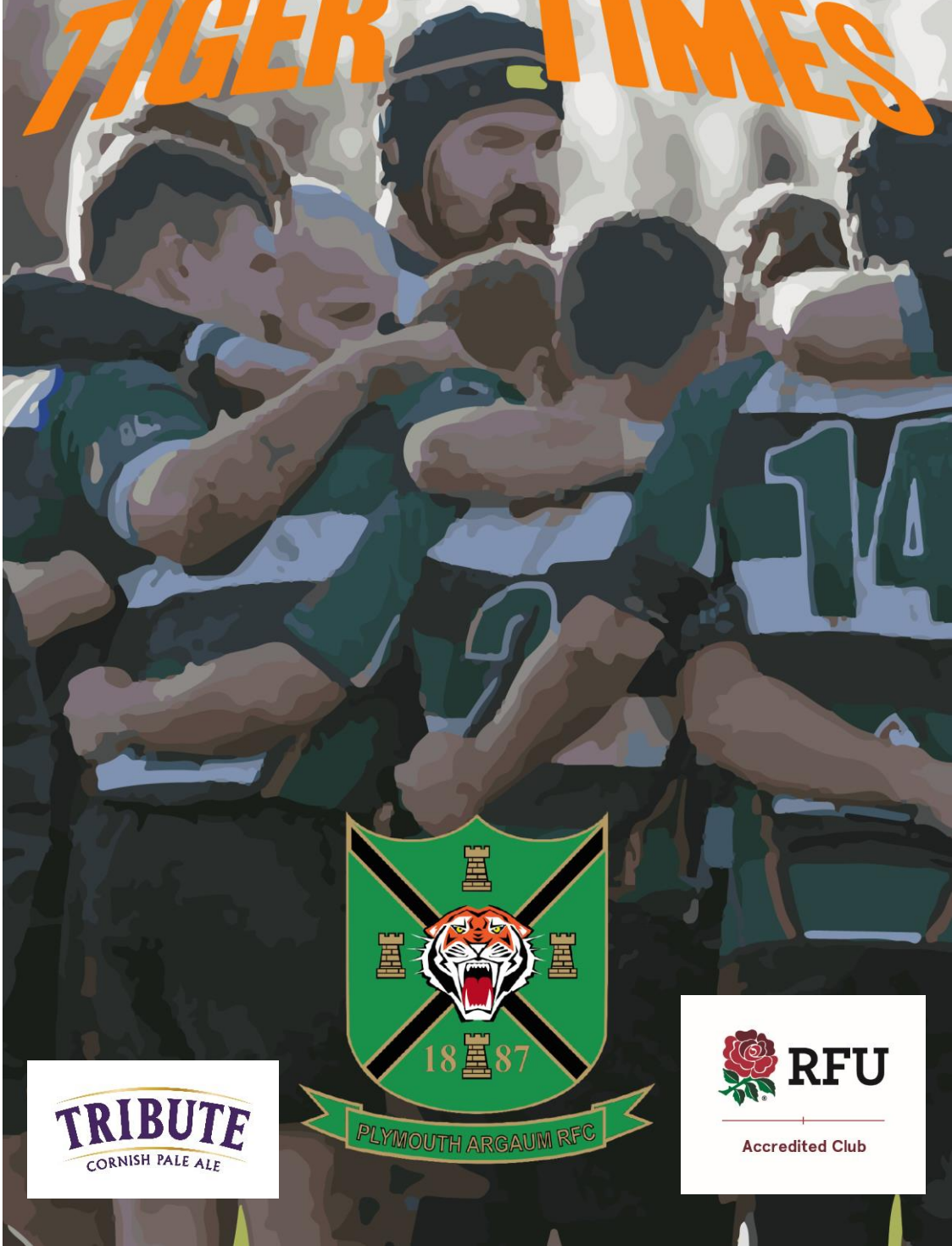


2018/19

TIGER TIMES



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Mini/Midi Chairman Wayne Liddle

Safeguarding Officer Linda Smith

Head Coach Adrian Cameron

Chiefs Manager Toby Liberson

Club Captain Dan Smith

Doctor Matt Bankhead

Strength & Conditioning Coach

Bradley Westell

Sports Therapists Hannah Cox, Amy Hughes

Bickleigh Down Road, Roborough, Plymouth, Devon, PL6 7AD

Tel 01752 772156 **email** rugby@argaum.org.uk

website www.argaum.org.uk **twitter** @plymouthargaum

Chairman's Message



I'd like to wish a very warm welcome to all of our visiting guests to Bickleigh Down this season. This is our 4th consecutive season in The Tribute Cornwall & Devon Division and we look forward to the challenge and the chance to meet up with new and old friends in the opposition ranks. We have a very enthusiastic new coach on board and if the effort put in during pre-season is anything to go by we have a decent chance of success.

I am pleased to see the continued progress of our junior teams, if you get the chance then please support them on a Sunday. Many thanks to all of the club's sponsors all of whom are advertised in this programme. A club like ours relies on their continued support.

On a personal note it is fair to say that last season didn't turn out exactly how I planned, with a heart attack rudely interrupting the season after a game against OPMs! I am happy to say that I am well on the mend and able to take an active role in the club once again. I received tremendous support whilst away and was pleased to see the club in safe hands in the shape of Stuart Quarterman and Bridgette Raymont as well as numerous other volunteers throughout the summer. I'm sure you'll agree the clubhouse and pitch-side is looking in great shape. I'd like to also thank my wife Lucy who has stepped down as Treasurer after 5 years, the club's finances are in much better shape after her tenure in the role.

I hope that you enjoy your time at Bickleigh Down this afternoon.

Nick Hancock



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Coaches Corner



I'm delighted to have been given the opportunity to coach Argau for the 2018-19 season and to immerse myself in the club, its history and hopefully its future. Pre season has been really positive with the regular attendance of 12-16 players and the effort and commitment they have put into the sessions has been truly remarkable. Intense handling sessions interspersed with some scrummaging and lineout content, runs up the infamous Kit Hill Incline and touch rugby on the Hoe, combined with lots of game play has meant that each week has offered different challenges.

I've certainly enjoyed it, but have been even more enthused by the clear transformation in thought processes, communication and skill application in game situations, particularly over the last few weeks of pre-season.

When I started this journey I explained to the players that my coaching is very much a work in progress and that they might at times feel concerned about the chaos, lack of structure and "ugliness" of some of the sessions. They again have been remarkable in working with and supporting me to maximise the opportunities at each stage and commit fully to each and every session. When I watch the highlights clips post training, I regularly have to remind myself that this is level 8 rugby and just a small amateur club looking to have a bit of fun on a Saturday, because some of the stuff on display has been fantastically exciting. That having been said, I am under no illusion that this is a tough league with 2 or 3 financially dominant clubs looking to take a stranglehold on those promotion spots.

From our perspective I guess the objectives are a little less stratospheric. Primarily we need to stay in this league and look incrementally to improve our league position, our playing squad and our coaching resource so that the club can when appropriate take the next step. Whilst doing that I hope that we are able to provide a brand of rugby that is exciting, stretches the opposition, challenges our players and allows them to fulfil their true potential albeit in a fun and sociable environment. Let's hope we can deliver!

Adrian Cameron

Club Sponsor



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Membership Prices 2018-19

Senior Full Membership including playing fees

£14 per month or £140 one off season payment

Senior Full Membership excluding playing fees

£60 per annum

One off Senior Match Fees – (Pay as You Go)

£6 per match

Student Full Membership

£7 per month

Juniors & Minis Membership (Cubs)

£80 per annum

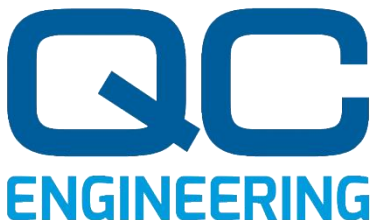
Community Membership

£5 per month

Membership can be paid online – see www.argaum.org.uk/payments

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Club Shop

The club has signed a deal with kit suppliers Macron. Chairman Nick Hancock was "impressed by the opportunities raised with the blend of dealing with a local business with international backing". A wide selection of items are available for both junior and senior teams and can be purchased from the club shop via the website or via the Macron Store macronstoresw.com/clubs/plymouth-argaum-rfc/



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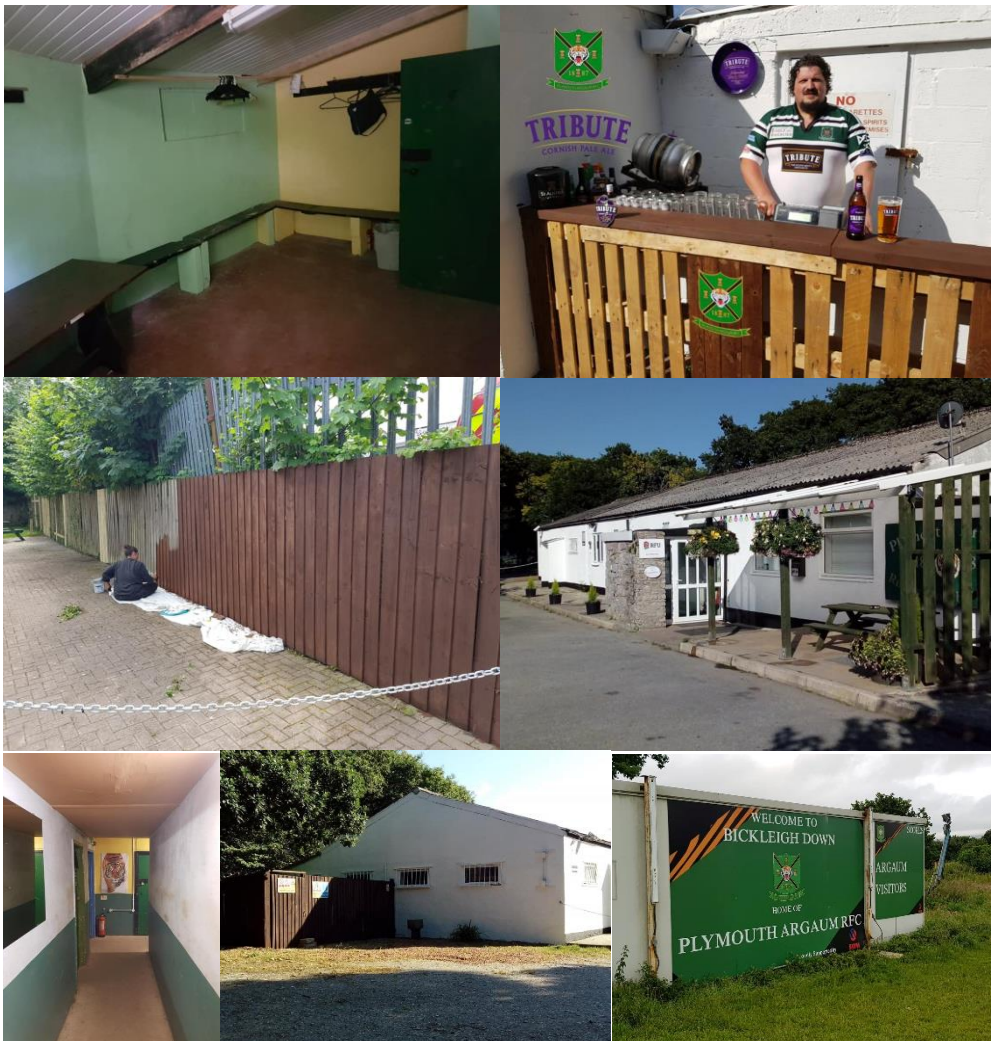
The club is very proud to have strong links with the regional rugby organisations. Our very own Richard Belli is now entering his fourth year as Chairman of Plymouth & District Rugby Combination, the umbrella organisation with 16 member clubs as well as the Plymouth Rugby Referees Society.

Stuart Quarterman is a prominent figure in the county with responsibility as the Volunteer Co-ordinator for Devon. Through his efforts a number of unsung heroes in local clubs have been recognised both at county and regional level. This builds on the links established by Club President Steven Barnes, who before his sabbatical north of the border, also played an active role in the county body.



Valuing The Volunteer

A club like Plymouth Argaum is only as good as its volunteers and there are plenty of opportunities to get involved, whether it is on a match day or during the week. There was never a better example of what can be achieved as this past closed season when a small number of volunteers took advantage of the great summer weather and helped to give the clubhouse and its environment a dramatic facelift.



Senior Fixtures

Date	1 st XV Chiefs		2 nd XV Wanderers	
01/09/18	Pirates Amateurs H	C&D	DHSOB H	DM2
08/09/18	Withycombe H	C&D	<i>St Columba Torpoint A</i>	DM2
15/09/18	<i>Plymstock Albion Oaks A</i>	C&D	<i>Plymstock A Oaks II A</i>	DM2/AL
22/09/18	South Molton H	C&D	<i>UoP Trojans A</i>	DM2/AL
29/09/18	<i>Tavistock A</i>	C&D	<i>Tavistock II A</i>	DM2/AL
06/10/18	Topsham H	C&D	Saltash II H	AL
13/10/18			<i>Tavistock II A</i>	EC
20/10/18	<i>Torquay Athletic A</i>	C&D	<i>Torquay II A</i>	DM2
27/10/18	Lanner H	C&D	<i>Tamar Saracens II A</i>	AL
03/11/18	<i>Hayle A</i>	C&D		
10/11/18	DHSOB H	LC	TBC	Cup
17/11/18	Honiton H	C&D	Pen Medics H	AL
24/11/18	<i>Bude A</i>	C&D		
01/12/18	Liskeard-Looe H	C&D	Liskeard-Looe II H	AL
08/12/18	<i>Penryn A</i>	C&D	<i>OPM II A</i>	AL
15/12/18	<i>Withycombe A</i>	C&D	<i>Saltash II A</i>	AL
26/12/18	OPM XV H			
05/01/19	Plymstock Albion Oaks H	C&D	Plymstock A Oaks II H	DM2/AL
12/01/19	<i>South Molton A</i>	C&D	<i>Kingsbridge II A</i>	DM2
19/01/19	Tavistock H	C&D	Tavistock II H	DM2/AL
26/01/19	<i>Topsham A</i>	C&D	<i>DHSOB A</i>	DM2
02/02/19	TBC	Cup	TBC	Cup
09/02/19	Torquay Athletic H	C&D	Torquay II H	DM2
16/02/19	<i>Lanner A</i>	C&D	UoP Trojans H	DM2/AL
23/02/19				
02/03/19	Hayle H	C&D	<i>Pen Medics A</i>	AL
09/03/19	<i>Honiton A</i>	C&D	Tamar Saracens II H	AL
16/03/19	TBC	Cup	TBC	Cup
23/03/19	Bude H	C&D	St Columba Torpoint H	DM2
30/03/19	<i>Liskeard-Looe A</i>	C&D	<i>Liskeard-Looe II A</i>	AL
06/04/19	Penryn H	C&D	OPM II H	AL
13/04/19	<i>Pirates Amateurs A</i>	C&D	<i>Salcombe A</i>	DM2
04/05/19	Tour			

C&D=Cornwall & Devon, DM2=Devon Merit 2, AL=Armada league, LC/EC=Lockie/Ellis Cup

Cubs Fixtures

Date	Under 10	Under 9	Under 8	Under 7
09/09/18	Training	Training	Training	Training
16/09/18	Training	Training	Training	Training
23/09/18				
30/09/18	Training	Training	Training	Training
07/10/18	Brixham H	Brixham H	Brixham H	Brixham H
14/10/18	<i>Plymstock A</i>	Plymstock H	<i>Plymstock A</i>	Plymstock H
21/10/18	<i>DSRFC A</i>	<i>DSRFC A</i>	<i>DSRFC A</i>	<i>DSRFC A</i>
28/10/18	Training	Training	Training	Training
04/11/18	Salcombe H	Salcombe H	Salcombe H	Salcombe H
11/11/18				
18/11/18	<i>Torpoint A</i>	<i>Torpoint A</i>	<i>Torpoint A</i>	<i>Torpoint A</i>
25/11/18	Training	Training	Training	Training
02/12/18	<i>Totnes A</i>	Training	Training	Training
09/12/18	Teignmouth H	Teignmouth H	Teignmouth H	Teignmouth H
16/12/18	Plymstock H	<i>Plymstock A</i>	Plymstock H	<i>Plymstock A</i>
<i>Christmas</i>				
06/01/18	DSRFC H	DSRFC H	DSRFC H	DSRFC H
13/01/18	Training	Training	Training	Training
20/01/18	Totnes H			
27/01/18	Bideford H	Bideford H	Bideford H	Bideford H
03/02/18	Training	Training	Training	Training
10/02/18				
17/02/18				
24/02/18	<i>Brixham A</i>	<i>Brixham A</i>	<i>Brixham A</i>	<i>Brixham A</i>
03/03/18	Training	Training	Training	Training
10/03/18	<i>Salcombe A</i>	<i>Salcombe A</i>	<i>Salcombe A</i>	<i>Salcombe A</i>
17/03/18	<i>Bideford A</i>	<i>Bideford A</i>	<i>Bideford A</i>	<i>Bideford A</i>
24/03/18	Training	Training	Training	Training
07/04/18				
<i>Easter</i>				
28/04/18		<i>Teignmouth A</i>		
05/05/18	Torpoint H	Torpoint H		



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There are many opportunities for gaining exposure for your business by becoming a club sponsor. This includes:

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- Individual Match Sponsorship
- Kit Sponsorship
- Match Programmes

Plymouth Argum get good coverage in the local press and have a very active website as well as social media accounts. To find out how your business could benefit then please contact Nick Hancock or Stuart Quarterman.

Club Sponsors

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Argaum Tigers Under 16s

There is a long tradition of junior rugby at the club stretching back to the late 1950s with our first colts side. We are delighted to see our Under 16s continue this tradition as this season they enter the prestigious Fisherman's Cup Competition. The under 16s, under the tutelage of coaches Adrian Howe, Ian Nicol and Steve Tart have grown as a squad since they formed as Under 13s in 2015-16.

If you know someone who would be interested in joining the squad then please drop an email to:

Coach Adrian Howe: adrian@stormforceroofing.co.uk

Team Manager Zoe Harrison babado@hotmail.co.uk



This season's Fisherman's Cup consists of 23 teams spread across 6 groups. After the group stage teams are then entered into the Cup, Shield or Plate depending on their position.

Plymouth Argaum Group Stage Fixtures

16th September 2018 - Exeter Saracens Home

23rd September 2018 – Topsham Home

30th September 2018 – Ivybridge Away



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Argaum Cubs



Our mini section was founded just under 3 years ago with 10 children. It is now a thriving group of young children, coached by a group of past club players and parents to help them to achieve something. They currently have teams from u6 (The Argaumites) through to u10s, and are always looking for new children to join their ranks. Due to its success they are also looking for additional coaches. If you or your child are interested please contact me (07882 488812, wayneliddle@gmail.com) or Stuart Quarterman.

Wayne Liddle



ARGAUM CUBS

Looking for coaches for u7-u10



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Commitment

Contact:
Stuart Quarterman
07817428389
stuwieq@argaum.org.uk



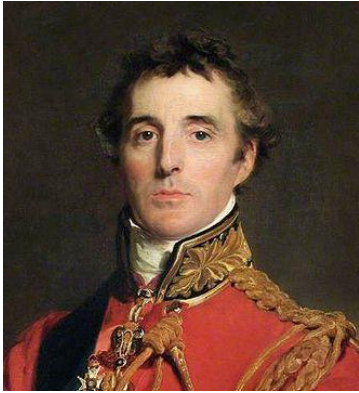
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Devon RFU & Plymouth
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The future is bright, the future is Argaum!

Club History

Founded in 1887, Plymouth Argaum is the oldest rugby club in the area and has provided rugby for all ages and abilities over the years. The name 'Argaum' is of Indian Origin. Sir Arthur Wellesley, before he became Duke of Wellington, fought a campaign against a very warlike race of horsemen, the Mahrattas, and finally defeated them at the battle of Argaum, a small town in Southern India on 29th November 1803.



Several streets in the area of Stoke and Devonport are named after battles and generals of this period (ie. Havelock, Outram, Aboukir, Acre); Argaum Villas was one such legacy and they gave its name to this club.

The original colours were light blue and dark blue equal hoops. This changed to red and white equal hoops in the period prior to 1930. Up until this time Plymouth Rugby Club had played in green, black and white unequal hoops and Devon Albion wore Cherry and White. At the amalgamation of these two clubs, the green, black and white was abandoned. As Argaum was the only other club bearing the name of the city, these also being the city colours, they were adopted by the club and are in use to date.

Early in 1955 it was decided that Argaum needed a Club Badge. As the Club bore the name of the City, it was decided to use the format of the city badge, but to reverse the colours. To signify the Indian origin, we required some symbol of the sub-continent. Several suggestions were made, including the elephant, but it was decided that a tiger would be more appropriate.

The original tigers head was taken from the wartime shoulder flash of the South Eastern Command - Monty's in 1940-44. To emphasise the Indian connection, some years ago the club was presented with a ships bell, inscribed with the legend H.M.S. ARGAUM. This bell now occupies a place of honour in the Bar.



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